

## Why choose Focusing Minds?

### 1:1 mentoring/coaching

Support for a range of behaviour, SEMH and wellbeing concerns



Services:  
Support for students in your setting covering behaviour, mental health and wellbeing. Get the support your students need from just one organisation.

#### Approach:

We strongly believe in our approach to building relationships and empowering students to make progress. Our approach allows us to manoeuvre in the gaps of traditional behaviour policy too, to help get students on board and engaged.

#### Flexibility:

Increase your pastoral capacity through our services for as little as half a day per week (or more, subject to availability).

#### Value:

Our targeted services are competitively priced and offer excellent value for money, a perfect way to increase capacity and keep costs low in the current financial climate.

#### Integration:

We work alongside your current teams to deliver the best results for students. Strong communication, information sharing and immersing ourselves in your school culture is important to us.

#### Experience:

We have over 20 years' experience of working with children and young people, including 15 in school settings, in areas including pastoral and academic progress management, behaviour, safeguarding support and transition.

#### Knowledge:

Our history of work in schools has allowed us to develop a strong understanding of the education system. We are competent in the use of education-based IT systems including SIMS, Bromcoms and CPOMS.

#### Competency:

We are committed to CPD and use relevant qualifications, alongside our experiences, to better support students. This includes SEND qualifications and certification in person-centred counselling skills.

#### Commitment to safeguarding:

Although we offer student confidentiality as part of our service, we recognise that safeguarding is everyone's business. We have adopted our own safeguarding policy to demonstrate our commitment and staff are Enhanced DBS holders on the update system.

### School support:

A range of services to support children and young people in the school setting



### irlen

Screening

Contact us to book your child or adult assessment



### Tutoring:

Private tuition support for children in core and other subjects



Focusing Minds is a pivotal pastoral intervention at our academy. They provide a non-judgemental ear to many of our students posing behavioural challenges, repeatedly being suspended and who have mental health concerns. They are an asset to the team and constantly communicate with us around student concerns, strategies for the wider staff body to trial and uses our internal data systems to track student progress. They are fully committed to the students intervened with, not working in a silo as some other interventions we have trialled but understanding intervention only truly works when it complements the core pastoral and safeguarding strategy.

Michaela Lancaster-Knaggs - Assistant Principal - Trinity Academy Cathedral

## Services offered to schools and education establishments



## Is your school or organisation...

Seeking entry level SEMH support for students?

Looking to provide a graduated response to SEMH needs?

Worried about students at risk of permanent exclusion?

Keen to increase staff capacity in a flexible way?

...we're just what you're looking for.

### Focusing Minds CIC

Calderdale/Kirklees:  
Vulcan House,  
Brighouse, HD6 1LT  
01484 212101

Wakefield:  
Suite 1, Seemore Business Centre  
Ossett, WF5 9BL  
01924 729002

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Google



## Who are we?

At Focusing Minds, we're a team of passionate professionals offering expert mental health, wellbeing and education services to schools across all phases. We believe every child deserves to feel safe, supported and understood – and have the right tools and care to make that happen. We work in partnership with schools to ensure that students can be supported all year round, not just in their session time.

## What we do...

We offer individualised, bespoke support for a range of everyday mental health, wellbeing and personal development issues. Where universal strategies may not yield the desired outcomes, we use our expertise to help your students to make progress in the following areas:

- Behaviour improvement and classroom engagement.
- Anger, frustration and other emotional regulation concerns.
- Anxiety: school or social.
- Fears and worries.
- Confidence: academic or personal.
- Self-esteem and self-image.
- Self awareness, self-understanding and reflective practices.
- Friendship and bullying.
- Soft skills development.
- Personal development.

Our rates:  
Day - £275  
1/2 Day - £180

As a school we have been using Focusing Minds for over two years and the support they give to our students is superb. Their experience, knowledge and manner with our students helps them so much as part of a graduated response to their SEMH needs. The work has been so impactful that we have doubled the time we use their services. Our children develop in confidence and use supportive strategies to help them to function more and cope with the demands of school life. I would wholeheartedly recommend them to any educational setting.

**Mark Allen, Principal - TA St Edwards**

## How we do it...

**Relationship is key:** we quickly establish a strong working relationship with your students, utilising a person-centred approach.

**Explore needs:** using our developed relationship, we jointly explore both perceived needs and those outlined by school staff. With a person-centred approach underpinning all we do, students feel comfortable opening up and discussing their concerns and exploring themselves as an individual.

**Devise strategies:** we have an extensive range of effective strategies to support young people to promote better mental wellbeing, to manage emotional regulation and behaviour responses.

**Monitor outcomes:** we utilise both data, student and staff feedback to assess the impact of our work and to ensure effective, ongoing support.

**Staff collaboration:** we work with your pastoral, SEND and leadership teams to provide timely and effective feedback, ensuring students receive any relevant ongoing support.

## School support: your way

Although our person-centred approach underpins all we do, we understand that every school has its own demographics which make it unique - this requires an equally unique approach based on your specific requirements.

We have a standard way of working at Focusing Minds but here's how we can help deliver our services in a way that suits your school's needs and budget:

- **Support amount:** choose how many (or how few) days of support you need.
- **Flexibility:** whether it's room changes or planning around drop-down days or school trips, we handle this to ensure students don't miss out and value for money is maintained.
- **Regular contact:** unlimited email contact, with communication often returned within 24 hours, even outside of agreed contract time and across school holidays.
- **Session lengths:** some students may benefit from 45 minutes, others may be better suited to less. We can work around your specific student requirements.
- **Data and recording:** we produce annual reports and can feedback to key staff at various points during the academic year. We also produce detailed profiles and daily briefing emails to ensure staff are kept up-to-date.
- **Support requirements:** do you need support for SEMH, or behaviour, perhaps a mixture of both? Do your students have wellbeing concerns, would benefit from specific support around social media or more? Our support is bespoke and crafted with individual student needs in mind.

## Value for money...

When you agree to contract our services into your setting, you're getting more than just a high-quality, high-impact support that delivers consistently positive results for students. We offer a fully comprehensive service that focuses on positive student outcomes through more than just the time spent in sessions with students.

As part of our services, our support sessions with students is a standard, however we offer so much more and your daily rate also includes the following at no additional cost:

- Daily briefing emails to alert key staff to work undertaken with students each day.
- Comprehensive and detailed student profiles providing in-depth updates and student voice.
- Safeguarding records, by email or directly on CPOMS, where students disclose concerns.
- Round-robin implementation and collation to support the work we do with students.
- Contributions to external referrals e.g. CAMHS for assessments, or EHCP processes.
- Production of one-page profiles or Behaviour Support Profiles where necessary.
- Unlimited email contact outside contracted time, responses often delivered within 24 hours.
- Limited in-person, online or phone call contact outside contracted time.
- Limited, direct communication with parents/carers where necessary.

I would thoroughly recommend Focusing Minds. They have worked with a broad range of pupils who have been referred for a variety of reasons. 100% of participants have engaged with their sessions, often citing them as a highlight in their week. They think about what they want to work through in their time and return to class regulated and ready to learn. The contact between Focusing Minds and our pastoral team is unlike any other service in terms of detail and speed - this ensures the sessions can support the pupils for the rest of the week, giving invaluable insight we just wouldn't have without them. A worthy and effective investment.

**Oliver Grant Roberts, Principal - TA Akroydon**